**中国6~17岁儿童青少年血脂分布百分位数参考值**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **血脂指标** | **年龄（岁）** | **男** | | | | | **女** | | | | |
| **P5** | **P25** | **P50** | **P75** | **P95** | **P5** | **P25** | **P50** | **P75** | **P95** |
| TC (mmol/L) | 6 | 2.92 | 3.56 | 4.01 | 4.51 | 5.38 | 2.92 | 3.56 | 4.02 | 4.53 | 5.40 |
| 7 | 2.89 | 3.51 | 3.96 | 4.46 | 5.32 | 2.89 | 3.53 | 3.99 | 4.49 | 5.36 |
| 8 | 2.86 | 3.48 | 3.93 | 4.42 | 5.27 | 2.86 | 3.49 | 3.95 | 4.45 | 5.31 |
| 9 | 2.85 | 3.46 | 3.91 | 4.40 | 5.24 | 2.83 | 3.45 | 3.90 | 4.39 | 5.24 |
| 10 | 2.83 | 3.44 | 3.88 | 4.37 | 5.21 | 2.78 | 3.40 | 3.84 | 4.32 | 5.16 |
| 11 | 2.79 | 3.39 | 3.82 | 4.30 | 5.13 | 2.74 | 3.34 | 3.78 | 4.26 | 5.08 |
| 12 | 2.72 | 3.31 | 3.73 | 4.20 | 5.01 | 2.70 | 3.30 | 3.73 | 4.20 | 5.01 |
| 13 | 2.66 | 3.23 | 3.65 | 4.10 | 4.89 | 2.69 | 3.28 | 3.71 | 4.17 | 4.98 |
| 14 | 2.62 | 3.19 | 3.60 | 4.04 | 4.82 | 2.70 | 3.29 | 3.72 | 4.19 | 4.99 |
| 15 | 2.61 | 3.17 | 3.58 | 4.03 | 4.81 | 2.72 | 3.32 | 3.76 | 4.23 | 5.05 |
| 16 | 2.62 | 3.18 | 3.59 | 4.04 | 4.82 | 2.74 | 3.35 | 3.78 | 4.26 | 5.08 |
| 17 | 2.62 | 3.18 | 3.59 | 4.04 | 4.82 | 2.73 | 3.34 | 3.77 | 4.25 | 5.07 |
| 18 | 2.60 | 3.16 | 3.57 | 4.01 | 4.79 | 2.71 | 3.31 | 3.74 | 4.21 | 5.02 |
| LDL-C (mmol/L) | 6 | 1.30 | 1.80 | 2.18 | 2.59 | 3.34 | 1.35 | 1.86 | 2.24 | 2.66 | 3.43 |
| 7 | 1.28 | 1.78 | 2.14 | 2.55 | 3.28 | 1.33 | 1.84 | 2.21 | 2.63 | 3.39 |
| 8 | 1.27 | 1.76 | 2.12 | 2.52 | 3.25 | 1.31 | 1.81 | 2.18 | 2.59 | 3.33 |
| 9 | 1.26 | 1.75 | 2.11 | 2.51 | 3.24 | 1.28 | 1.77 | 2.13 | 2.53 | 3.26 |
| 10 | 1.26 | 1.74 | 2.10 | 2.50 | 3.22 | 1.26 | 1.73 | 2.09 | 2.48 | 3.20 |
| 11 | 1.24 | 1.72 | 2.08 | 2.47 | 3.18 | 1.23 | 1.70 | 2.05 | 2.44 | 3.14 |
| 12 | 1.22 | 1.69 | 2.04 | 2.42 | 3.12 | 1.22 | 1.68 | 2.02 | 2.40 | 3.09 |
| 13 | 1.20 | 1.66 | 2.00 | 2.39 | 3.07 | 1.21 | 1.68 | 2.02 | 2.40 | 3.09 |
| 14 | 1.19 | 1.65 | 1.99 | 2.37 | 3.05 | 1.23 | 1.70 | 2.05 | 2.43 | 3.13 |
| 15 | 1.20 | 1.66 | 2.00 | 2.38 | 3.07 | 1.25 | 1.73 | 2.08 | 2.48 | 3.19 |
| 16 | 1.21 | 1.68 | 2.03 | 2.41 | 3.11 | 1.27 | 1.75 | 2.11 | 2.50 | 3.22 |
| 17 | 1.22 | 1.69 | 2.04 | 2.43 | 3.14 | 1.26 | 1.74 | 2.09 | 2.49 | 3.20 |
| 18 | 1.22 | 1.69 | 2.04 | 2.43 | 3.13 | 1.24 | 1.71 | 2.05 | 2.44 | 3.14 |
| HDL-C (mmol/L) | 6 | 1.03 | 1.27 | 1.45 | 1.66 | 1.99 | 1.02 | 1.26 | 1.44 | 1.63 | 1.96 |
| 7 | 1.04 | 1.27 | 1.46 | 1.66 | 2.00 | 1.01 | 1.26 | 1.43 | 1.63 | 1.95 |
| 8 | 1.04 | 1.27 | 1.46 | 1.66 | 2.00 | 1.01 | 1.25 | 1.43 | 1.62 | 1.95 |
| 9 | 1.03 | 1.27 | 1.45 | 1.66 | 1.99 | 1.00 | 1.24 | 1.42 | 1.61 | 1.93 |
| 10 | 1.02 | 1.25 | 1.43 | 1.63 | 1.96 | 0.99 | 1.23 | 1.40 | 1.59 | 1.91 |
| 11 | 1.00 | 1.22 | 1.40 | 1.60 | 1.92 | 0.98 | 1.21 | 1.38 | 1.57 | 1.88 |
| 12 | 0.98 | 1.20 | 1.38 | 1.57 | 1.88 | 0.97 | 1.21 | 1.38 | 1.56 | 1.88 |
| 13 | 0.96 | 1.18 | 1.35 | 1.54 | 1.85 | 0.98 | 1.21 | 1.38 | 1.57 | 1.88 |
| 14 | 0.95 | 1.17 | 1.34 | 1.53 | 1.83 | 0.99 | 1.22 | 1.40 | 1.58 | 1.90 |
| 15 | 0.95 | 1.16 | 1.33 | 1.52 | 1.82 | 1.00 | 1.24 | 1.42 | 1.61 | 1.93 |
| 16 | 0.94 | 1.15 | 1.32 | 1.50 | 1.80 | 1.01 | 1.26 | 1.43 | 1.63 | 1.95 |
| 17 | 0.92 | 1.13 | 1.29 | 1.48 | 1.77 | 1.01 | 1.25 | 1.43 | 1.62 | 1.95 |
| 18 | 0.90 | 1.11 | 1.27 | 1.45 | 1.74 | 1.00 | 1.24 | 1.42 | 1.61 | 1.93 |
| TG (mmol/L) | 6 | 0.27 | 0.45 | 0.64 | 0.91 | 1.58 | 0.27 | 0.45 | 0.65 | 0.95 | 1.70 |
| 7 | 0.26 | 0.44 | 0.62 | 0.89 | 1.54 | 0.28 | 0.46 | 0.65 | 0.94 | 1.66 |
| 8 | 0.26 | 0.44 | 0.62 | 0.88 | 1.53 | 0.28 | 0.47 | 0.66 | 0.94 | 1.65 |
| 9 | 0.27 | 0.45 | 0.64 | 0.91 | 1.58 | 0.30 | 0.48 | 0.68 | 0.96 | 1.67 |
| 10 | 0.28 | 0.47 | 0.66 | 0.95 | 1.64 | 0.32 | 0.51 | 0.71 | 1.00 | 1.70 |
| 11 | 0.29 | 0.48 | 0.68 | 0.97 | 1.68 | 0.33 | 0.53 | 0.73 | 1.03 | 1.74 |
| 12 | 0.29 | 0.49 | 0.69 | 0.98 | 1.70 | 0.34 | 0.54 | 0.75 | 1.04 | 1.74 |
| 13 | 0.29 | 0.49 | 0.70 | 1.00 | 1.72 | 0.35 | 0.55 | 0.75 | 1.03 | 1.71 |
| 14 | 0.30 | 0.50 | 0.70 | 1.01 | 1.74 | 0.35 | 0.55 | 0.74 | 1.02 | 1.66 |
| 15 | 0.30 | 0.50 | 0.71 | 1.02 | 1.76 | 0.35 | 0.54 | 0.73 | 0.99 | 1.61 |
| 16 | 0.31 | 0.51 | 0.72 | 1.03 | 1.79 | 0.35 | 0.54 | 0.72 | 0.98 | 1.56 |
| 17 | 0.31 | 0.52 | 0.74 | 1.06 | 1.83 | 0.36 | 0.54 | 0.72 | 0.97 | 1.53 |
| 18 | 0.32 | 0.53 | 0.75 | 1.08 | 1.86 | 0.36 | 0.55 | 0.73 | 0.97 | 1.52 |

单位换算：将TC，LDL-C和HDL-C的单位换成算成mg/Dl，需乘以38.67；将TG的单位换成算成mg/Dl，需乘以88.5。