**中国6~17岁儿童青少年血脂分布百分位数参考值**

|  |  |  |  |
| --- | --- | --- | --- |
| **血脂指标** | **年龄（岁）** | **男** | **女** |
| **P5** | **P25** | **P50** | **P75** | **P95** | **P5** | **P25** | **P50** | **P75** | **P95** |
| TC (mmol/L) | 6 | 2.92  | 3.56  | 4.01  | 4.51  | 5.38  | 2.92  | 3.56  | 4.02  | 4.53  | 5.40  |
| 7 | 2.89  | 3.51  | 3.96  | 4.46  | 5.32  | 2.89  | 3.53  | 3.99  | 4.49  | 5.36  |
| 8 | 2.86  | 3.48  | 3.93  | 4.42  | 5.27  | 2.86  | 3.49  | 3.95  | 4.45  | 5.31  |
| 9 | 2.85  | 3.46  | 3.91  | 4.40  | 5.24  | 2.83  | 3.45  | 3.90  | 4.39  | 5.24  |
| 10 | 2.83  | 3.44  | 3.88  | 4.37  | 5.21  | 2.78  | 3.40  | 3.84  | 4.32  | 5.16  |
| 11 | 2.79  | 3.39  | 3.82  | 4.30  | 5.13  | 2.74  | 3.34  | 3.78  | 4.26  | 5.08  |
| 12 | 2.72  | 3.31  | 3.73  | 4.20  | 5.01  | 2.70  | 3.30  | 3.73  | 4.20  | 5.01  |
| 13 | 2.66  | 3.23  | 3.65  | 4.10  | 4.89  | 2.69  | 3.28  | 3.71  | 4.17  | 4.98  |
| 14 | 2.62  | 3.19  | 3.60  | 4.04  | 4.82  | 2.70  | 3.29  | 3.72  | 4.19  | 4.99  |
| 15 | 2.61  | 3.17  | 3.58  | 4.03  | 4.81  | 2.72  | 3.32  | 3.76  | 4.23  | 5.05  |
| 16 | 2.62  | 3.18  | 3.59  | 4.04  | 4.82  | 2.74  | 3.35  | 3.78  | 4.26  | 5.08  |
| 17 | 2.62  | 3.18  | 3.59  | 4.04  | 4.82  | 2.73  | 3.34  | 3.77  | 4.25  | 5.07  |
| 18 | 2.60  | 3.16  | 3.57  | 4.01  | 4.79  | 2.71  | 3.31  | 3.74  | 4.21  | 5.02  |
| LDL-C (mmol/L) | 6 | 1.30  | 1.80  | 2.18  | 2.59  | 3.34  | 1.35  | 1.86  | 2.24  | 2.66  | 3.43  |
| 7 | 1.28  | 1.78  | 2.14  | 2.55  | 3.28  | 1.33  | 1.84  | 2.21  | 2.63  | 3.39  |
| 8 | 1.27  | 1.76  | 2.12  | 2.52  | 3.25  | 1.31  | 1.81  | 2.18  | 2.59  | 3.33  |
| 9 | 1.26  | 1.75  | 2.11  | 2.51  | 3.24  | 1.28  | 1.77  | 2.13  | 2.53  | 3.26  |
| 10 | 1.26  | 1.74  | 2.10  | 2.50  | 3.22  | 1.26  | 1.73  | 2.09  | 2.48  | 3.20  |
| 11 | 1.24  | 1.72  | 2.08  | 2.47  | 3.18  | 1.23  | 1.70  | 2.05  | 2.44  | 3.14  |
| 12 | 1.22  | 1.69  | 2.04  | 2.42  | 3.12  | 1.22  | 1.68  | 2.02  | 2.40  | 3.09  |
| 13 | 1.20  | 1.66  | 2.00  | 2.39  | 3.07  | 1.21  | 1.68  | 2.02  | 2.40  | 3.09  |
| 14 | 1.19  | 1.65  | 1.99  | 2.37  | 3.05  | 1.23  | 1.70  | 2.05  | 2.43  | 3.13  |
| 15 | 1.20  | 1.66  | 2.00  | 2.38  | 3.07  | 1.25  | 1.73  | 2.08  | 2.48  | 3.19  |
| 16 | 1.21  | 1.68  | 2.03  | 2.41  | 3.11  | 1.27  | 1.75  | 2.11  | 2.50  | 3.22  |
| 17 | 1.22  | 1.69  | 2.04  | 2.43  | 3.14  | 1.26  | 1.74  | 2.09  | 2.49  | 3.20  |
| 18 | 1.22  | 1.69  | 2.04  | 2.43  | 3.13  | 1.24  | 1.71  | 2.05  | 2.44  | 3.14  |
| HDL-C (mmol/L) | 6 | 1.03  | 1.27  | 1.45  | 1.66  | 1.99  | 1.02  | 1.26  | 1.44  | 1.63  | 1.96  |
| 7 | 1.04  | 1.27  | 1.46  | 1.66  | 2.00  | 1.01  | 1.26  | 1.43  | 1.63  | 1.95  |
| 8 | 1.04  | 1.27  | 1.46  | 1.66  | 2.00  | 1.01  | 1.25  | 1.43  | 1.62  | 1.95  |
| 9 | 1.03  | 1.27  | 1.45  | 1.66  | 1.99  | 1.00  | 1.24  | 1.42  | 1.61  | 1.93  |
| 10 | 1.02  | 1.25  | 1.43  | 1.63  | 1.96  | 0.99  | 1.23  | 1.40  | 1.59  | 1.91  |
| 11 | 1.00  | 1.22  | 1.40  | 1.60  | 1.92  | 0.98  | 1.21  | 1.38  | 1.57  | 1.88  |
| 12 | 0.98  | 1.20  | 1.38  | 1.57  | 1.88  | 0.97  | 1.21  | 1.38  | 1.56  | 1.88  |
| 13 | 0.96  | 1.18  | 1.35  | 1.54  | 1.85  | 0.98  | 1.21  | 1.38  | 1.57  | 1.88  |
| 14 | 0.95  | 1.17  | 1.34  | 1.53  | 1.83  | 0.99  | 1.22  | 1.40  | 1.58  | 1.90  |
| 15 | 0.95  | 1.16  | 1.33  | 1.52  | 1.82  | 1.00  | 1.24  | 1.42  | 1.61  | 1.93  |
| 16 | 0.94  | 1.15  | 1.32  | 1.50  | 1.80  | 1.01  | 1.26  | 1.43  | 1.63  | 1.95  |
| 17 | 0.92  | 1.13  | 1.29  | 1.48  | 1.77  | 1.01  | 1.25  | 1.43  | 1.62  | 1.95  |
| 18 | 0.90  | 1.11  | 1.27  | 1.45  | 1.74  | 1.00  | 1.24  | 1.42  | 1.61  | 1.93  |
| TG (mmol/L) | 6 | 0.27  | 0.45  | 0.64  | 0.91  | 1.58  | 0.27  | 0.45  | 0.65  | 0.95  | 1.70  |
| 7 | 0.26  | 0.44  | 0.62  | 0.89  | 1.54  | 0.28  | 0.46  | 0.65  | 0.94  | 1.66  |
| 8 | 0.26  | 0.44  | 0.62  | 0.88  | 1.53  | 0.28  | 0.47  | 0.66  | 0.94  | 1.65  |
| 9 | 0.27  | 0.45  | 0.64  | 0.91  | 1.58  | 0.30  | 0.48  | 0.68  | 0.96  | 1.67  |
| 10 | 0.28  | 0.47  | 0.66  | 0.95  | 1.64  | 0.32  | 0.51  | 0.71  | 1.00  | 1.70  |
| 11 | 0.29  | 0.48  | 0.68  | 0.97  | 1.68  | 0.33  | 0.53  | 0.73  | 1.03  | 1.74  |
| 12 | 0.29  | 0.49  | 0.69  | 0.98  | 1.70  | 0.34  | 0.54  | 0.75  | 1.04  | 1.74  |
| 13 | 0.29  | 0.49  | 0.70  | 1.00  | 1.72  | 0.35  | 0.55  | 0.75  | 1.03  | 1.71  |
| 14 | 0.30  | 0.50  | 0.70  | 1.01  | 1.74  | 0.35  | 0.55  | 0.74  | 1.02  | 1.66  |
| 15 | 0.30  | 0.50  | 0.71  | 1.02  | 1.76  | 0.35  | 0.54  | 0.73  | 0.99  | 1.61  |
| 16 | 0.31  | 0.51  | 0.72  | 1.03  | 1.79  | 0.35  | 0.54  | 0.72  | 0.98  | 1.56  |
| 17 | 0.31  | 0.52  | 0.74  | 1.06  | 1.83  | 0.36  | 0.54  | 0.72  | 0.97  | 1.53  |
| 18 | 0.32  | 0.53  | 0.75  | 1.08  | 1.86  | 0.36  | 0.55  | 0.73  | 0.97  | 1.52  |

单位换算：将TC，LDL-C和HDL-C的单位换成算成mg/Dl，需乘以38.67；将TG的单位换成算成mg/Dl，需乘以88.5。